

**FOR MORE
INFORMATION:**

**OPTIONS
FOR SEXUAL HEALTH**

1-800-739-7367

SEX SENSE LINE

1-800-739-7367

ACTION CANADA

1-888-642-2725

**NATIONAL ABORTION
FEDERATION (NAF)**

1-800-772-9100



**BC WOMEN'S
HOSPITAL+
HEALTH CENTRE**



**PREGNANCY
OPTIONS SERVICES**

1-888-875-3163



Toll-free phone line offering support and counselling.



Information about abortion, adoption, and parenting resources.



Assists in abortion access both close to home, and where travel is required.



Scan for self-referral form

**ACCESSING
ABORTION IN**

**BRITISH
COLUMBIA**



We are dedicated to providing a safe and supportive environment to help you navigate the health care system and receive the care you need.





BIRTH CONTROL IN

BRITISH COLUMBIA

BC offers universal coverage for most birth control to all with a BC health card.



MEDICATION ABORTION

- The medications mifepristone and misoprostol are prescribed and cause a miscarriage at home.
- Safe, common, and effective.
- Available up to 9-10 weeks of pregnancy.
- Can be prescribed by both doctors and nurse practitioners across BC.
- Primary care providers may be able to prescribe via telemedicine.
- Cost is fully covered by BC Medical Services Plan.
- Medication abortion is NOT the same as emergency contraception.



PROCEDURAL ABORTION

- A procedural abortion is provided in a clinic or hospital by a doctor.
- Available to the 25th week of pregnancy and later.
- Safe, common and effective.
- All costs are fully covered by BC Medical Services Plan.

THE PROCEDURE

- Medication is available to manage pain and to open the cervix.
- The doctor will insert a thin tube past the cervix and into the uterus.
- Instruments are used to remove the pregnancy tissue from the uterus.

