

**FOR  
MORE  
INFORMATION**



**ACTION CANADA**

1-888-642-2725

**NATIONAL ABORTION  
FEDERATION (NAF)**

1-800-772-9100



**Elizabeth Fry Society  
of Cape Breton**

# THE ROSE CLINIC



**A PROVINCE-WIDE  
ABORTION  
ASSISTANCE LINE**

**1-833-352-0719**

**DOES NOT REQUIRE A REFERRAL  
FROM A DOCTOR**

**OFFERS SELF-REFERRALS**



Scan for self-referral form!

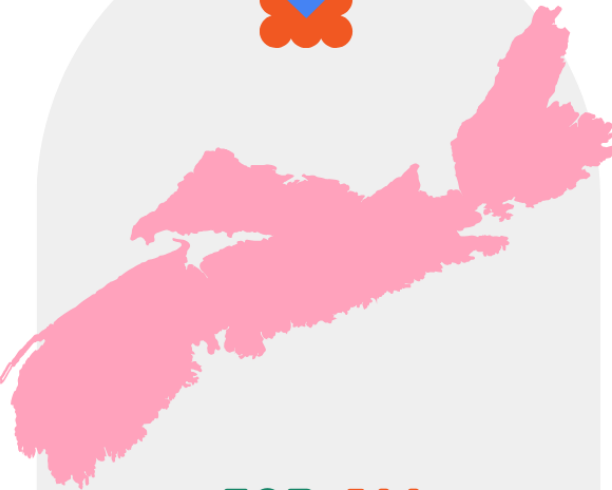
**ACCESSING ABORTION  
IN**

# NOVA SCOTIA



We are dedicated to providing a safe and supportive environment to help you navigate the health care system and receive the care you need.

**THE ROSE CLINIC  
1-833-352-0719**



**FOR ALL  
APPOINTMENTS  
ACROSS**

**NOVA SCOTIA:**

**ROSE**Clinic  
REPRODUCTIVE OPTIONS & SERVICES

**Phone: 1-833-352-0719**

**Address: 5820 University Ave.**



## MEDICATION ABORTION

- The medications mifepristone and misoprostol are prescribed and cause a miscarriage at home.
- Safe, common, and effective.
- Available up to 9-10 weeks of pregnancy.
- Can be prescribed by both doctors and nurse practitioners across Nova Scotia.
- Primary care providers may be able to prescribe via telemedicine.
- Cost is fully covered by NS Health Card.
- Medication abortion is NOT the same as emergency contraception.



## PROCEDURAL ABORTION

- A procedural abortion is provided in a clinic or hospital by a physician.
- Safe, common and effective.
- The procedure is available up to 16 weeks of pregnancy in NS. If pregnancy is further along, care is arranged out of province.
- All costs are fully covered with an NS Health Card.

## THE PROCEDURE

- Medication is available to prevent pain.
- The practitioner will insert a thin tube past your cervix and into the uterus.
- A small, handheld device will remove the pregnancy tissue from the uterus.
- The procedure should take about 10 minutes.

