



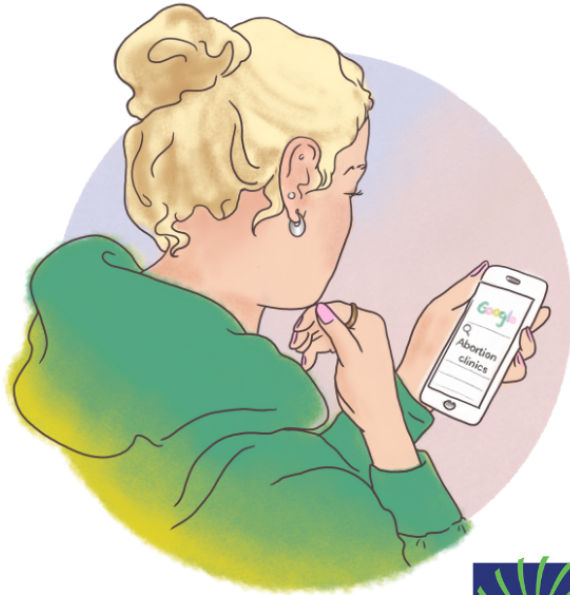
**FOR
MORE
INFORMATION**

ACTION CANADA

1-888-642-2725

**NATIONAL ABORTION
FEDERATION (NAF)**

1-800-772-9100



**OFFERS MANY SERVICES
TO THOSE LOOKING TO
ACCESS ABORTION**

(519) 743-9360



Province-wide
phone line
offering support,
and information.



Connections to
abortion
providers.



Emotional Support



Online Resources



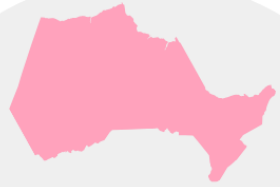
**ACCESSING
ABORTION
IN**

ONTARIO



We are dedicated to
providing a safe and
supportive environment to
help you navigate the health
care system and receive the
care you need.





ADDITIONAL SERVICES IN ONTARIO

BAY CENTRE

Healthcare services ranging from contraception counseling, abortion care, and pregnancy options.

416-351-3700

FREE BIRTH CONTROL

For anyone under 25 in with an OHIP card.

LATER GESTATIONAL CARE

Available in Toronto at the **Women's College Hospital**, and London at **Pregnancy Options**.

ABORTION DOULA SUPPORT

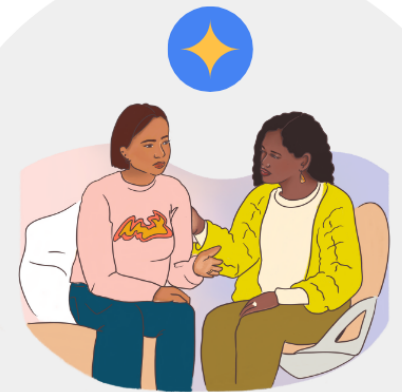
Birth Mark Doulas in Toronto and Hamilton

416-479-0086



MEDICATION ABORTION

- The medications mifepristone and misoprostol are prescribed and cause a miscarriage at home.
- Safe, common, and effective.
- Available up to 9 weeks of pregnancy.
- Can be prescribed by doctors, nurse practitioners, and some midwives across Ontario.
- Primary care providers may be able to prescribe via telemedicine.
- Cost is fully covered by OHIP
- Medication abortion is NOT the same as emergency contraception.



PROCEDURAL ABORTION

- A procedural abortion is provided in a clinic or hospital by a physician.
- Available in all trimesters in Ontario.
- Safe, common and effective.
- Fully covered for people with an OHIP card.

THE PROCEDURE

- Medication is available to prevent pain and to open the cervix.
- The practitioner will insert a thin tube past the cervix and into the uterus.
- Instruments are used to remove the pregnancy tissue from the uterus.

