

For Immediate Release

Women's Wellness Within announces official launch and expanded services

March 6, 2017 (K'jipuktuk/Halifax, NS) - Please join us on Friday, March 10 to celebrate the official launch of Women's Wellness Within.

Since 2014, Women's Wellness Within has been providing doula and parenting support to pregnant and parenting criminalized women in Nova Scotia. In cooperation with our partners at the IWK Community Midwives, Chebucto Family Centre, LEAF-Halifax and the Elizabeth Fry Societies of Cape Breton and Mainland Nova Scotia, WWW's work includes:

- Volunteer doula support is offered to all criminalized women incarcerated at the Central Nova Correctional Facility (Burnside Jail) and the Nova Institution for Women (federal prison in Truro) for abortion, miscarriage, prenatal support, labour and delivery, postpartum support, and infant feeding
- Midwifery care to all criminalized women in HRM who choose midwifery care
- Parenting support/counselling to criminalized women HRM who choose parenting support
- Monthly workshop facilitation at Burnside on reproductive health and parenting topics
 - Information and referrals for prenatal and postpartum resources and services
- Public and professional education about the reproductive rights of criminalized women
- Advocacy for reproductive justice and health services for criminalized women
- Advocacy for housing that supports criminalized women's rights to parent

In 2017, Women's Wellness Within will expand its scope to develop a new model of service for our work with criminalized women. We will move towards a wrap-around service that provides needs-based triage and holistic services for pregnant or parenting criminalized women to navigate social, housing, educational and health-related services in Nova Scotia.

In order to fulfill this ambitious goal for 2017, we are holding a membership drive specifically aimed at recruiting volunteers with skills in these key areas: Legal, Social Work, Housing, Mental Health, Health Care, Fundraising, and Professional Writing.

Join us on March 10th at Art Bar + Projects, 1873 Granville St to become a member and raise a glass in support of better outcomes for criminalized women in Nova Scotia!

For further information, please contact:

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